

# BLESSED



Trinity Lutheran  
Fourth Epiphany  
February 1, 2026

## WELCOME

### GATHERING HYMN:

#### *God of Grace and God of Glory (ELW 705)*



### CONFSSION AND FORGIVENESS

Blessed God,

you proclaim blessing where we least expect it—  
among the poor in spirit, the grieving, the meek,  
the hungry, the merciful, and the persecuted.

Yet,

**we confess that we often chase a different kind of blessing.**

**We prize strength over humility,  
comfort over compassion,  
success over faithfulness.**

**We resist mourning the brokenness of the world,  
preferring distraction to repentance.**

**We hunger more for recognition than for righteousness.**

**We guard our hearts rather than risk mercy,  
and we fear being misunderstood or rejected for the sake of the gospel.**

**Forgive us, O God,  
for measuring blessedness by what we can see and control,  
rather than trusting your upside-down kingdom.  
Turn us again toward your grace,  
and shape our lives by the promise of your mercy.**

Hear the good news:

Jesus sits among the crowds and speaks blessing, not condemnation.  
In Christ, God meets us in our poverty of spirit  
and fills us with the riches of mercy.

By the life, death, and resurrection of Jesus Christ,  
your sins are forgiven.

You are claimed in God's kingdom,  
called beloved, and named blessed.

Live now in the freedom of this grace,  
as people shaped by  mercy, peace, and hope.

**Amen.**

### GREETING

May the grace of our Lord Jesus Christ,  
the love of God,  
and the communion of the Holy Spirit be with you all.  
**And also with you.**

## KYRIE

*Refrain*

Ky-ri-e e - lei - son, on our world and on our way.

Ky-ri-e e - lei - son, ev'-ry day.

1 For peace in the world, for the health of the church, for the  
 2 That we may live out your im - pas-sioned re - sponse to the  
 3 For peace in our hearts, . . . for peace in our homes, . . . for  
 4 For your Spir - it to guide; that you cen - ter our lives in the

u - ni - ty of all; for  
 hun - gry and the poor; that  
 friends and fam - i - ly; for  
 wa - ter and the word; that you

this ho - ly house, for all who wor - ship and praise,  
 we may live out . . . truth and jus - tice and grace,  
 life and for love, . . . for our work and our play,  
 nour - ish our souls . . . with your bod - y and blood,

*Refrain*

let us pray to the Lord, let us pray to the Lord.

## CANTICLE OF PRAISE

*Refrain*

This is the feast of vic - try for our God, for the

Lamb who was slain has be - gun his reign. Al - le - lu - ia.

1 Wor - thy is Christ, the Lamb who was slain, whose blood set us free to be

peo - ple of God. Pow - er, rich - es, wis - dom, and strength, and

*Refrain*

hon - or, bless - ing, and glo - ry are his. This is the feast of

vic - try for our God, for the Lamb who was slain has be - gun his reign. Al -

le - lu - ia. 2 Sing with all the peo - ple of God, and

join in the hymn of all cre - a - tion: Bless - ing, hon - or,

glo - ry, and might be to God and the Lamb for - ev - er. A - men.

*Final refrain*

This is the feast of vic - try for our God, for the

Lamb who was slain has be - gun his reign. Al - le - lu - ia.

## PRAYER OF THE DAY

The Lord be with you.

**And also with you.**

Let us pray.

**Holy God,**  
in Jesus you reveal a kingdom  
that turns our expectations upside down.  
You call the poor in spirit blessed,  
you meet us in our grief,  
and you promise mercy, justice, and peace  
in a world that sees them as weakness.

Form us by your Spirit  
to trust your promises,  
and to hunger and thirst for righteousness.  
When the way of Christ is costly,  
give us strength to follow

We ask this through Jesus Christ,  
who lives and reigns with you and the Holy Spirit,  
one God, now and forever. Amen.

## FIRST READING: Micah 6:1-8

<sup>1</sup> Hear what the LORD says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

<sup>2</sup> Hear, you mountains, the case of the LORD,  
and you enduring foundations of the earth,  
for the LORD has a case against his people,  
and he will contend with Israel.

<sup>3</sup> “O my people, what have I done to you?  
In what have I wearied you? Answer me!

<sup>4</sup> For I brought you up from the land of Egypt  
and redeemed you from the house of slavery,  
and I sent before you Moses,  
Aaron, and Miriam.

<sup>5</sup> O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the LORD.”

<sup>6</sup> “With what shall I come before the LORD  
and bow myself before God on high?

Shall I come before him with burnt offerings,  
with calves a year old?

<sup>7</sup> Will the LORD be pleased with thousands of rams,  
with ten thousands of rivers of oil?

Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”

<sup>8</sup> He has told you, O mortal, what is good,  
and what does the LORD require of you  
but to do justice and to love kindness  
and to walk humbly with your God?

Word of God, word of life.

**Thanks be to God.**

## PSALM: Psalm 15

<sup>1</sup> LORD, who may dwell in your tabernacle?

Who may abide upon your holy hill?

<sup>2</sup> **Those who lead a blameless life and do what is right,  
who speak the truth from their heart;**

<sup>3</sup> they do not slander with the tongue, they do no evil <sup>1</sup> to their friends;  
they do not cast discredit upon a neighbor.

<sup>4</sup> **In their sight the wicked are rejected,  
but they honor those who fear the LORD.**

**They have sworn upon their health  
and do not take back their word.**

<sup>5</sup> They do not give their money in hope of gain,  
nor do they take bribes against the innocent.

Those who do these things shall never be overthrown.

## SECOND READING: 1 Corinthians 1:18-31

<sup>18</sup> The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. <sup>19</sup> For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

<sup>20</sup> Where is the one who is wise? Where is the scholar? Where is the debater of this age? Has not God made foolish the wisdom of the world? <sup>21</sup> For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of the proclamation, to save those who believe. <sup>22</sup> For Jews ask for signs and Greeks desire wisdom, <sup>23</sup> but we proclaim Christ crucified, a stumbling block to Jews and foolishness to gentiles, <sup>24</sup> but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. <sup>25</sup> For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

<sup>26</sup> Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. <sup>27</sup> But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; <sup>28</sup> God chose what is low and despised in the world, things that are not, to abolish things that are, <sup>29</sup> so that no one might boast in the presence of God. <sup>30</sup> In contrast, God is why you are in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, <sup>31</sup> in order that, as it is written, “Let the one who boasts, boast in the Lord.”

Word of God, word of life.

Thanks be to God.

## GOSPEL ACCLAMATION

Al - le - lu - ia. Lord, to whom shall we go? You have the  
words of e - ter - nal life. Al - le - lu - ia.  
Al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia.  
Al - le - lu - ia, al - le - lu - ia.

## GOSPEL: Matthew 5:1-12

The holy gospel according to Saint Matthew, the fifth chapter.

Glory to you, O Lord.

<sup>1</sup> When Jesus saw the crowds, he went up the mountain, and after he sat down, his disciples came to him. <sup>2</sup> And he began to speak and taught them, saying:

<sup>3</sup> “Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

<sup>4</sup> “Blessed are those who mourn,  
for they will be comforted.

<sup>5</sup> “Blessed are the meek,  
for they will inherit the earth.

<sup>6</sup> “Blessed are those who hunger and thirst for righteousness,  
for they will be filled.

<sup>7</sup> “Blessed are the merciful,  
for they will receive mercy.

<sup>8</sup> “Blessed are the pure in heart,  
for they will see God.

<sup>9</sup> “Blessed are the peacemakers,  
for they will be called children of God.

<sup>10</sup> “Blessed are those who are persecuted for the sake of righteousness  
for theirs is the kingdom of heaven.

<sup>11</sup> “Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. <sup>12</sup> Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

The gospel of the Lord.

Praise to you, O Christ.

## SERMON

## HYMN OF THE DAY:

## *Blest Are They* (ELW 728)

## Leader of All

1 Blest are they, the poor in spirit; theirs is the  
 2 Blest are they, the lowly ones; . . . they shall in -  
 3 Blest are they . . . who show mercy; mer - cy  
 4 Blest are they . . . who seek peace; . . . they are the  
 5 Blest are you who suf - fer hate, . . . all . . . be -

king - dom of God. Blest are they, who  
 her - it the earth. Blest are they, who  
 shall . . . be theirs. Blest are they, who  
 chil - dren of God. Blest are they, who  
 cause . . . of me. Re - joice, be glad,

full of sor - row; they shall be con - soled.  
 hun - ger and thirst; they shall have their fill.  
 pure of heart; they . . . shall see God.  
 suf - fer in faith; the glo - ry of God is theirs.  
 yours is the king - dom; shine for all to see.

*Refrain*  
 All

Re - joice and be glad!

Bless - ed are you, ho - ly are you!

Re - joice and be glad!

Yours is the king - dom of God!

## NICENE CREED

**We believe in one God,**

the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

**We believe in one Lord, Jesus Christ,**

the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made

**For us and for our salvation**

**he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the scriptures;**

**he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father and the Son,**

**who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic church.**

**We acknowledge one baptism for the forgiveness of sins.**

## We look for the resurrection of the dead

**and the life of the world to come. Amen.**

## PRAYERS OF INTERCESSION



Lord, lis-ten to your chil-dren pray-ing, Lord, send your Spir-it in this place;  
Lord, lis-ten to your chil-dren pray-ing, send us love, send us pow'r, send us grace.

*As God's beloved children united in Christ, let us pray for the church and the whole human community. Renew the church in the power of the Spirit, that we may do justice, love kindness, live humbly, and boldly proclaim Christ crucified.*

*You give hope to all who suffer, all who are in need, all who call to you in difficult times. Comfort any who grieve, are ill, are in need of surgery, or suffer in any way. We pray for those who model love for their neighbor and care for others.*

*You make foolish the wisdom of the world. Raise up honorable leaders who seek justice, love mercy, and pursue peace. Frustate plans that are corrupt, wicked, and self-seeking. Give your life, strength, and wisdom to all in need. Prosper the work of peacemakers.*

*As you cultivate humility in your church, teach us to boast only in the cross. Shape your church to be people of kindness, generosity, and justice. We bring to you our needs and hopes, O God, trusting your wisdom and power revealed in Christ crucified.*

## PEACE

The peace of Christ be with you always.  
And also with you.

*The people may greet one another with a sign of Christ's peace, and may say, "Peace be with you," or similar words.*

## ANNOUNCEMENTS

## OFFERTORY:

### *We Are Called (ELW 720)*



1 Come! Live in the light! Shine with the joy and the love of the  
2 Come! O - pen your heart! Show your . . . mer - cy to all those in  
3 Sing! Sing a new song! Sing of that great day when all will be

Lord! We are called to be light for the king - dom, to  
fear! We are called to be hope for the hope - less so  
one! God will reign, and we'll walk with each oth - er as

live in the free - dom of the cit - y of God.  
ha - tred and blind - ness . . . will be . . . no more.  
sis - ters and broth - ers . . . u - nit-ed in love.

*Refrain*

We are called to act with jus - tice, we are called to  
love ten - der - ly; we are called to serve one an -

oth - er, to walk hum - bly with God.

## OFFERING PRAYER

Let us pray together.  
We thank you, God, that you have blessed us  
with an abundance of gifts for the flourishing of your world.  
May this offering of our life and labor  
reveal your love to all creation. Amen.

## THE GREAT THANKSGIVING

The Lord be with you. And also with you.  
Lift up your hearts. We lift them to the Lord.  
Let us give thanks to the Lord our God.  
It is right to give our thanks and praise.

## EUCCHARISTIC PRAYER

### LORD'S PRAYER

Lord, remember us in your kingdom and teach us to pray.  
**Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory, forever and ever. Amen.**

## COMMUNION

*All are welcome to join in the gift of Holy Communion.  
White grape juice is available and all altar bread is gluten-free.  
When giving the bread and cup, the communion ministers say  
The body of Christ, given for you.  
The blood of Christ, shed for you.  
and each person may respond  
Amen.*

## LAMB OF GOD



## COMMUNION SONGS:

***You Raise Me Up (B. Graham/R. Lovland)  
Here Is Bread (ELW 483)***

## POST COMMUNION BLESSING

Now may the body and blood of our lord and savior Jesus Christ strengthen you and keep you in His grace.  
Amen.

## PRAYER AFTER COMMUNION

Let us pray together.  
**Blessed are you, O God, maker of all things. Through your goodness you have blessed us with these gifts: our selves, our time, and our possessions. Use us, and what we have gathered, in feeding the world with your love, through the one who gave himself for us, Jesus Christ, our Savior and Lord. Amen.**

## BLESSING

As you go, remember this:  
you are blessed—not when life is easy,  
but when you trust God in weakness, seek righteousness,  
offer mercy, and make peace.  
May Christ walk with you in joy and in struggle,  
and may the Spirit shape your life  
into a sign of God's kingdom coming near.  
Amen.

## SENDING HYMN:

### *Take My Life, That I May Be* (ELW 583)

*Refrain/Estribillo*

## DISMISSAL

Go in peace. Serve the Lord. **Thanks be to God!**

## Trinity Happenings:

Sun, Feb 1:

9:00am  
10:15am  
10:30am

Band Worship Service  
Fellowship in Gruver Rm  
Annual Meeting in Gruver Rm

**Annual Meeting Today!**  
Please join us in the  
Gruver Rm after worship.

Mon, Feb 2:

9:00am

**Becoming in Gruver Rm**

Tue, Feb 3:

5:30pm

TheologyPub  
@ Front Street Tavern

Wed, Feb 4:

10:00am

**Women's Study in Gruver Rm**

Sun, Feb 8:

9:00am  
9:00am  
10:15am  
10:30am

Worship Service  
Sunday School in Downstairs Youth Rm  
Fellowship in Gruver Rm  
Confirmation Class

Mon, Feb 9:

9:00am

**Becoming in Gruver Rm**

Tue, Feb 10:

6:00pm

Church Council in Gruver Rm

Wed, Feb 11:

10:00am

**Women's Study in Gruver Rm**

Sun, Feb 15:

9:00am  
10:15am  
10:30am

Transfiguration Worship  
Fellowship in Gruver Rm  
Does the Bible say...  
...you should beat your kids?

Mon, Feb 16:

9:00am

NO Becoming

Tue, Feb 17:

5:30pm

**TheologyPUB**  
@ Front Street Tavern

Wed, Feb 18:

10:00am  
6:30pm

Women's Study in Gruver Rm  
Ash Wednesday Worship

Sun, Feb 22:

9:00am  
9:00am  
10:15am

**Band Lenten Worship**  
Sunday School in Downstairs Youth Rm  
Fellowship in Gruver Rm

## Lent 2026

*The Trinity Council has voted to recast our Lenten ministry. Due to attendance, we will worship midweek only on Ash Wednesday.*

*Instead, we will emphasize a journey of transformation. Trinity CrossTalks, our midweek digital devotionals, will also be appearing on numerous online platforms.*

### **Ash Wednesday: Necessity of Falling, Wisdom of Dust 630pm February 18<sup>th</sup> in the Sanctuary**

We hope you will join us in this Ash Wednesday as we begin our Lenten journey with an acknowledgement of mortality and imperfection. We must “fall” to grow—life’s necessary losses can become our path to transformation.

### **Sundays in Lent 9am in the Sanctuary**

Band Lent 1: **A Container for the Soul**  
Holden Lent 2: **When the Container Breaks**  
Band Lent 3: **Living From the Center**  
Holden Lent 4: **The Wisdom of Descent**  
Holden Lent 5: **The Cross Does Bring Life**

### **Holy Week Sundays 9am in the Sanctuary**

Palm Sunday: **Entry Into Freedom**  
Easter Sunday: **The Rising Life**

## **Falling Upward: The Journey of Lent**

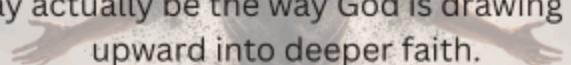
Lent is often described as a season of repentance: self-examination, and returning to God. But what if

Lent is also a season of growing—of being reshaped by God in ways we never expected?

This Lent, we invite you to join us for a sermon series inspired by Richard Rohr’s *Falling Upward*. Rohr writes about two halves of life: the first half, where we focus on building, striving, and proving ourselves; and the second half, where life—often through loss, failure, or change—teaches us how to let go, trust more deeply, and live with greater freedom and grace.

Through scripture, prayer, and reflection, we will explore how God meets us not only in our successes, but especially in our struggles; not only in what we build, but in what we release.

Lent reminds us that the cross comes before resurrection—and that what feels like falling may actually be the way God is drawing us upward into deeper faith.



Whether you feel grounded or uncertain, fulfilled or weary, certain or questioning, this series is for you. Come as you are. Bring your questions, your hopes, and your whole self as we journey together toward Easter, trusting that God is at work—even when the path leads downward before it rises.

We hope you will join us for this Lenten journey of honesty, grace, and transformation.



TRINITYELCALARAMIE

## TRINITY EVANGELICAL LUTHERAN CHURCH

**Office:** (307) 745-4222 [telcofficemanager@gmail.com](mailto:telcofficemanager@gmail.com)

### Serving in Worship

**TODAY — Feb 1, 2026**

Altar Guild Month: **Al & Bobbie Schimek**  
Livestream: **Sally Rafert**  
Reader: **Martha Leonard**  
Assistant: **James Apronti**  
Fellowship: **Martha Leonard**

**NEXT SUNDAY — Feb 8, 2026**

Altar Guild Month: **Al & Bobbie Schimek**  
Livestream: **OPEN**  
Reader: **Martin Grelle**  
Assistant: **Lukas Rabie**  
Fellowship: **OPEN**

The Altar Guild

We need you!

Set the table for Holy Communion.



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Lindsay at (307) 399-4185

Congregation President.....	<b>Adam Huck</b>
Pastor.....	<b>Nathan Keith</b>
Accompanist.....	<b>Trinity Band</b>
Financial Director.....	<b>Linda Lebeda</b>
Financial Secretary.....	<b>Alison Lebeda</b>
Sexton.....	<b>James Apronti</b>
In the Office.....	<b>Lisa Guarnieri</b>



February 16, 2026

**HAPPY PRESIDENT'S DAY**

Trinity Office Closed

