

Trinity Lutheran Church

QUESTIONS ABOUT GIVING? If you ever have any questions about your financial gifts to Trinity, please contact Trinity's financial secretary, Alison Shaver, at alebada@uwyo.edu. If you need an up-to-date statement of giving, please contact the church office.



2022 Year-To-Date as of August 31

Income - \$166,259.95

Expenses - \$164,355.63

TRINITY EVANGELICAL LUTHERAN CHURCH

107 South 7th ✚ Laramie, WY 82070 ✚ www.telclaramie.com

Office: (307) 745-4222 ✚ telcofficeanager@gmail.com

Pastor Nate: (307) 231-5371 ✚ pastornate3421@gmail.com

Congregation President **Lindsay Conyers**

Pastor **Nathan Keith**

Accompanist **Tarje Grover**

Choir Director **Larry Hazlett**

Financial Director **Linda Lebeda**

Financial Secretary **Alison Shaver**

In the Office **Lisa Guarnieri**

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What is Me2We?
October 9, 2022

WELCOME TO TRINITY



We're glad you're here!

GATHERING HYMN:


God, When Human Bonds Are Broken (ELW 603)



1 God, when hu-man bonds are bro-ken and we lack the love or skill
 2 Through that still-ness, with your Spir-it come in-to our world of stress,
 3 You in us are bruised and bro-ken: hear us as we seek re-lease
 4 Send us, God of new be-gin-nings, hum-bly hope-ful in-to life.
 5 Give us faith to be more faith-ful, give us hope to be more true,

to re-store the hope of heal-ing, give us grace and make us still.
 for the sake of Christ for-giv-ing all the fail-ures we con-fess.
 from the pain of ear-lier liv-ing; set us free and grant us peace.
 Use us as a means of bless-ing; make us stron-ger, give us faith.
 give us love to go on learn-ing: God, en-cour-age and re-new!




*Can you bake a
 cake for our
 celebration?*



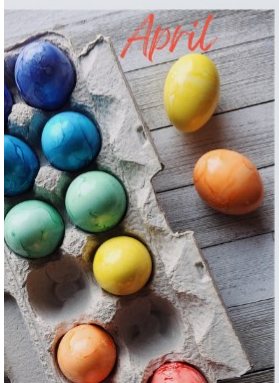
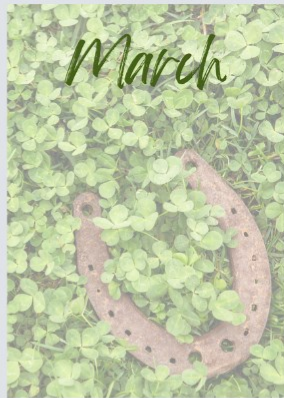
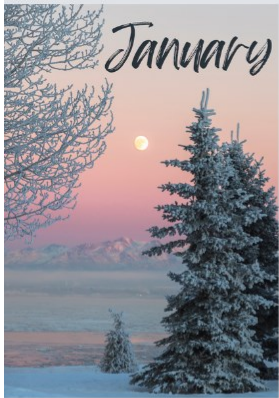
Contact Lisa in the Office
 to reserve your month!
 telcofficermanager@gmail.com
 (307) 745-4222

Calling All Saints!

Come to Trinity's Me2We Birthday Bash

All Saints Sunday November 6th
After Worship in the Gruver Room

Celebrate With Those Who Share Your Birthday Month!



CONFESSION AND FORGIVENESS

If we say we have no sin we deceive ourselves and the truth is not in us. Let us confess our sin to God who is faithful and just and who has promised to forgive our sin and cleanse us from all unrighteousness.

Most merciful God,
we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not trusted you with our whole heart; we have not loved one another in deed and in truth. In your compassion forgive our sin and so uphold us by your Spirit that we may live and serve you in newness of life through Jesus Christ our light and our truth. Amen.

With joy, I proclaim to you that Almighty God, rich in mercy, abundant in love, forgives you all your sin and grants you newness of life in Jesus Christ.
Thanks be to God!

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.
And also with you.

KYRIE

Assistant

Cong.

In peace, in peace, let us pray to the Lord.

Lord, have mer - cy,

3rd time to Coda

For the Reign of God, and for
For your peo - ple here, who have

Christ, have mer - cy, Lord, have mer - cy.

peace through-out the world, for the u - ni - ty of all, let us pray_ to the
come to give you praise, for the strength to live your Word, let us pray_ to the

♣ CODA

Help, save, and de - fend us, O God.

cy.

A - men.

NOW THE FEAST

Refrain
Congregation:

Now the feast and cel - e - bra - tion,

all of cre - a - tion sings for joy

to the God of life and love and

free - dom: praise and glo - ry for ev -

er - more!

"Trauma & Crisis to Hope & Resilience"

What: The COVID-19 pandemic caused multiple levels of trauma for many of us. Grief, anger, fear, and apathy are just a few of the emotions people are navigating. This class will explore these emotions and talk about crisis care, listening, coping skills, suicide prevention, and com-compassion fatigue. The class is offered for free.

Who: The class is open to anyone and everyone. Think about the following questions as you consider taking time to learn about Trauma & Resilience:

- Have you emerged after the pandemic as your best self
- Are you a care giver or someone who desires more skill to care for a friend, neighbor, or family member
- Are you feeling overwhelmed but unsure why or how to move forward?

When: Mondays 6:30-8:00pm beginning October 17th

Where: Gruver Rm, Trinity Lutheran Church (107 S 7th)

Instructor/leader: Pastor Nathan Keith has a BS in Child Development & Family Science and MS of Divinity. He is a certified chaplain with the International Conference of Police Chaplains and has extensive training in crisis management and care. Please email pastornate3421@gmail.com if you are interested in the class and want more information.

Schedule:

Oct 17	Crisis Care: Introduction
Oct 24	The Art of Listening
Nov 14	Sexual Assault and Domestic Violence
Nov 28	Nonverbal Listening & Stress
Dec 5	Suicide and QPR
Dec 12	Compassion Fatigue



Blessing of Animals in honor of St. Francis

What: Blessing of the Animals
Sponsored by the Laramie Ministerial Association

When: **Sunday, October 9, at 2:00**

Where: Ivinson Mansion Grounds
603 Ivinson Ave, Laramie



Verse 1

Congregation or Congregation 1:

1. Now is the feast of the Lamb once
slain, whose blood has freed and u -
nit-ed us to be one great peo - ple of
God.

to Refrain

Verse 2

Congregation or Congregation 2:

2. Pow - er and rich-es, wis - dom and
might, all hon - or and glo - ry to Christ
for ev - er.

to Refrain

Verse 3

Congregation:

3. For God has come to dwell with us, to
make us peo - ple of God; to make
all things new.

to Refrain

PRAYER OF THE DAY

Presider: Congregation:
The Lord be with you. And also with you.

Let us pray together.

Almighty and most merciful God, your bountiful goodness fills all creation. Keep us safe from all that may hurt us, that, whole and well in body and spirit, we may with grateful hearts accomplish all that you would have us do, through Jesus Christ, our Savior and Lord.

Amen.

FIRST READING: 2 Kings 5:1-5a, 6-15a

¹Naaman, commander of the army of the king of Aram, was a great man and in high favor with his master, because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. ²Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. ³She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy." ⁴So Naaman went in and told his lord just what the girl from the land of Israel had said. ⁵And the king of Aram said, "Go then, and I will send along a letter to the king of Israel."

⁶He brought the letter to the king of Israel, which read, "When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy." ⁷When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me."

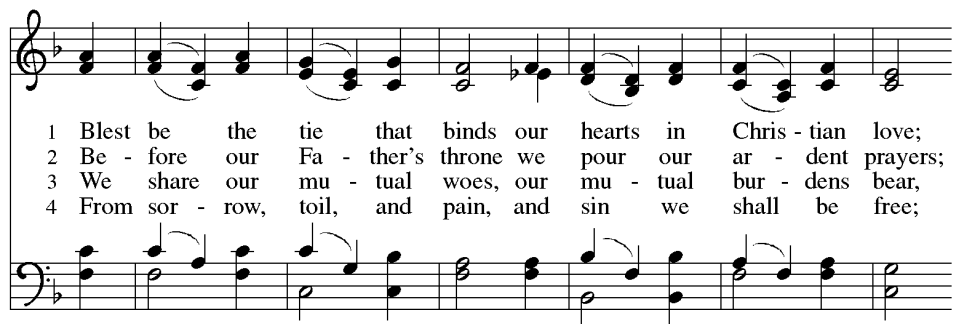
⁸But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." ⁹So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. ¹⁰Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean." ¹¹But Naaman became angry and went away, saying, "I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the leprosy!" ¹²Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?" He turned and went away in a rage. ¹³But his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult,

Trinity Happenings:

- | | | |
|--------------|---------|--|
| Sun, Oct 9: | 9:00am | Me2We Worship
*What is Me2We?
*What is church designed to do for me? |
| | 10:15am | Fellowship in Gruver Rm |
| | 2:00pm | Blessing of the Animals
on Ivinson Mansion Grounds |
| Wed, Oct 12: | 10:00am | Women's Bible Study in Gruver Rm |
| Thu, Oct 13: | 11:30am | MUGG Campus Meeting
@Rendezvous Cafe |
| Sun, Oct 16: | 9:00am | Me2We Worship
*Trauma and Community |
| | 10:15am | Fellowship in Gruver Rm |
| Mon, Oct 17: | 6:30pm | Trauma & Resilience in Gruver Rm |



SENDING HYMN: *Blest Be the Tie that Binds* (ELW 656)



1 Blest be the tie that binds our hearts in Chris - tian love;
2 Be - fore our Fa - ther's throne we pour our ar - dent prayers;
3 We share our mu - tual woes, our mu - tual bur - dens bear,
4 From sor - row, toil, and pain, and sin we shall be free;



the u - ni - ty of heart and mind is like to that a - bove.
our fears, our hopes, our aims are one, our com - forts and our cares.
and of - ten for each oth - er flows the sym - pa - thiz - ing tear.
and per - fect love and friend - ship reign through all e - ter - ni - ty.

DISMISSAL

Go in peace. Serve the Lord.
Thanks be to God!

Serving in Worship

TODAY — Oct 9, 2022

Altar: Klaus & Jan Hanson

Reader: Lisa Guarnieri

Communion Assistant:

Stuart Guarnieri

Fellowship: Eileen and Biff Hawkey

NEXT SUNDAY — Oct 16, 2022

Altar: Klaus & Jan Hanson

Reader: Abby Haff

Communion Assistant:

Abby Haff

Fellowship: OPEN

would you not have done it? How much more, when all he said to you was, "Wash, and be clean?"¹⁴ So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

¹⁵ Then he returned to the man of God, he and all his company; he came and stood before him and said, "Now I know that there is no God in all the earth except in Israel."

Word of God, word of life.

Thanks be to God.

SECOND READING: EXODUS 3:1-12

¹ Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. ² There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. ³ Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." ⁴ When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." ⁵ Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." ⁶ He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

⁷ Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, ⁸ and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. ⁹ The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. ¹⁰ So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." ¹¹ But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" ¹² He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

Word of God, word of life.

Thanks be to God.

SERMON

HYMN OF THE DAY: *Voices Raised to You* (ELW 845)



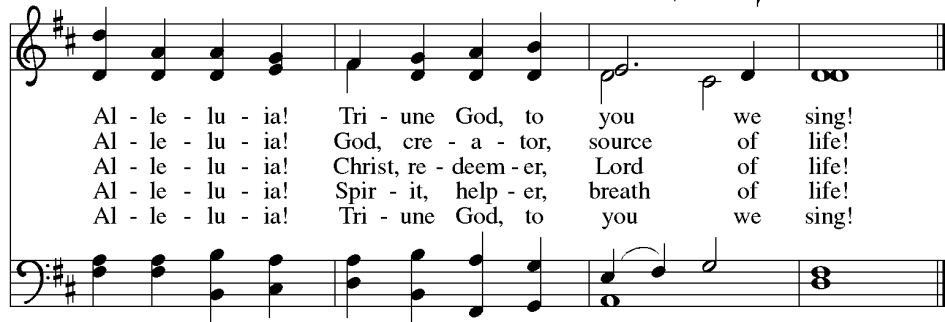
1 Voic - es raised to you we of - fer; tune them, God, for
2 All cre - a - tion joins to praise you; earth and sky your
3 Christ, the song of love in - car - nate, touch - ing earth with
4 Spir - it, flam - ing through cre - a - tion, kin - dle faith with -
5 How can an - y praise we of - fer mea - sure all the



songs of praise. Hearts and hands we bring in trib - ute
works dis - play. Art and mu - sic, gifts you lend us,
heav - en's grace, for your liv - ing, suf - f'ring, dy - ing,
in each heart. Lift our voic - es high in cho - rus;
thanks we owe? Take our hearts and hands and voic - es—



for your gifts through all our days. Al - le - lu - ia!
we re - turn to you to - day. Al - le - lu - ia!
for your ris - ing, hear our praise! Al - le - lu - ia!
through our hands your love im - part. Al - le - lu - ia!
gifts of love we can be - stow. Al - le - lu - ia!



Al - le - lu - ia! Tri - une God, to you we sing!
Al - le - lu - ia! God, cre - a - tor, source of life!
Al - le - lu - ia! Christ, re - deem - er, Lord of life!
Al - le - lu - ia! Spir - it, help - er, breath of life!
Al - le - lu - ia! Tri - une God, to you we sing!

DISTRIBUTION

POST COMMUNION BLESSING

May the grace of our Lord Jesus Christ and the gifts of his body and blood strengthen, keep and unite us, now and for ever.
Amen.

PRAYER AFTER COMMUNION

Let us pray together.
**God of the abundant table,
you have refreshed our hearts in this meal
with bread for the journey.
Give us your grace on the road
that we might serve our neighbors with joy;
for the sake of Jesus Christ, our Lord.
Amen.**

BLESSING

May God bless you and keep you
May God's face shine on you and be gracious to you
May God look on you with favor and ✠ give you peace.
Amen.

LAMB OF GOD

Congregation: *Congregation or Assistant:*



Lamb of God, you take a - way the sin of the
you break the chains of ha - tred and
you are the way of jus - tice and
you are the way of mer - cy and

Congregation:



world: have mer - cy on us, mer - cy on us,
fear:
peace:
love.

Final Stanza

Congregation or Assistant:



mer - cy on us. Lamb of God, you

Congregation:



take a - way the sins of the world: grant us peace,



grant us peace, grant us peace.

**At the repeat, one or more of these verses may be sung, or one of the seasonal verses which follow.*

Pentecost: You are the bread of life for us all:

COMMUNION

White grape juice and gluten-free wafers are available.

When giving the bread and cup, the communion ministers say

The body of Christ, given for you.

The blood of Christ, shed for you.

and each person may respond

Amen.

APOSTLE'S CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.***

**On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF INTERCESSION

Let us pray for the people of God in Christ Jesus, for the whole human family, and for all creation.

As the lector closes each petition:

Lord, in your mercy,

The people respond:

hear our prayer.

Gather all of our prayers in your wide embrace, most gracious God,
through your Son, Jesus Christ.

Amen.

PEACE

The peace of the Lord be with you always.

And also with you.

The people may greet one another with a sign of Christ's peace, and may say, "Peace be with you," or similar words.

ANNOUNCEMENTS

OFFERING

Please place offering in one of the Bulletin Stand offering plates at the end of worship as you leave the church.

OFFERTORY HYMN: *As the Grains of Wheat* (ELW 465)

Refrain



As the grains of wheat once scat-tered on the hill were



gath-ered in - to one to be - come our bread; so may all your peo-ple from



all the ends of earth be gath-ered in - to one in you.



1 As this cup of bless-ing is shared with - in our midst,
2 Let this be a fore - taste of all that is to come when



Refrain

may we share the pres - ence of your love.
all cre - a - tion shares this feast with you.

OFFERING PRAYER


Let us pray together.

Merciful God, everything in heaven and earth belongs to you.

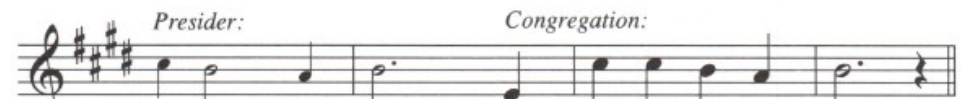
We joyfully release what you have entrusted to us. May these gifts be signs of our whole lives returned to you, dedicated to the healing and unity of all creation, through Jesus Christ.

Amen.


THE GREAT THANKSGIVING



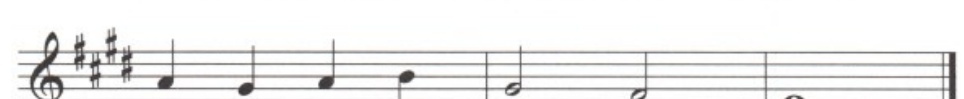
Presider: The Lord be with you. *Congregation:* And al-so with you.



Presider: Lift up your hearts. *Congregation:* We lift them to the Lord.



Presider: Let us give thanks to the Lord our God. *Congregation:* It is



right to give God thanks and praise.

EUCCHARISTIC PRAYER

LORD'S PRAYER

Make us bold, O merciful God, to address you as our Abba as we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever.
Amen.**