Is there a saint you wish could be here for All Saints Sunday? Contact Lisa in the Office before November 3rd to have your loved one remembered in Worship.

telcofficemanager@gmail.com

(307) 745-4222

QUESTIONS ABOUT GIVING? If you ever have any questions about your financial gifts to Trinity, please contact Trinity's financial secretary, Alison Shaver, at alebeda@uwyo.edu. If you need an up-to-date statement of giving, please contact the church office.



2022 Year-To-Date as of September 30 Income - \$182,860.11 Expenses - \$182,406.26

## TRINITY EVANGELICAL LUTHERAN CHURCH

107 South 7th + Laramie, WY 82070 + www.telclaramie.com **Office:** (307) 745-4222 + telcofficemanager@gmail.com **Pastor Nate:** (307) 231-5371 + pastornate3421@gmail.com

Congregation President	. Lindsay Conyers
Pastor	Nathan Keith
Accompanist	Tarje Grover
Choir Director	Larry Hazlett
Financial Director	Linda Lebeda
Financial Secretary	Alison Shaver
In the Office	Lisa Guarnieri

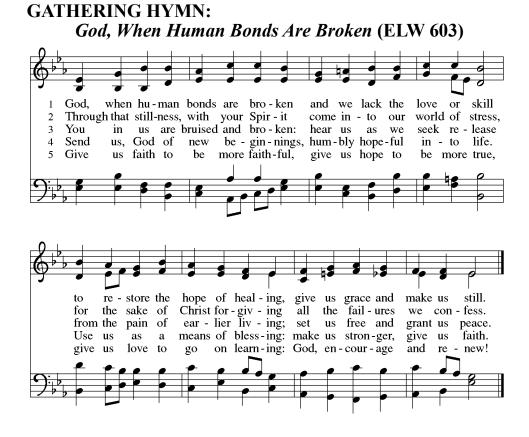
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# Trinity Lutheran Church



*The Church Together* October 23, 2022

## WELCOME TO TRINITY We're glad you're here!



## Calling All Saints! Come November 6th to Trinity's MeMe Birthday Bash

Celebrate with those who share your birthday month!



And thank you to our WONDERFUL bakers!



# Where does the fellowship of Trinity need to go with you?

Bring what you carry and join us Sunday October 30th for the

## **Blessing of the Bags**

and Backpacks, Sacks, Purses, Cases, Duffels, Satchels, Holdalls...!







## **CONFESSION AND FORGIVENESS**

If we say we have no sin we deceive ourselves and the truth is not in us. Let us confess our sin to God who is faithful and just and who has promised to forgive our sin and cleanse us from all unrighteousness.

## Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not trusted you with our whole heart; we have not loved one another in deed and in truth. In your compassion forgive our sin and so uphold us by your Spirit that we may live and serve you in newness of life through Jesus Christ our light and our truth. Amen.

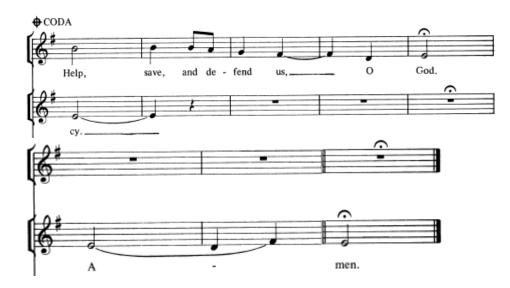
With joy, I proclaim to you that Almighty God, rich in mercy, abundant in love, forgives you all your sin and grants you newness of life in Jesus Christ. **Thanks be to God!** 

## GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.** 

## KYRIE





## NOW THE FEAST



Do you know a single mom at school here in Laramie? *She would be eligible for this...spread the word!* 

## READY TO BEGIN a new life?

The Soroptimist Live Your Dream: Education & Training Awards for Women program has been helping women around the world since 1972. This program provides cash grants to women who are working to better their lives through additional schooling and skills training.

### You are eligible to apply if:

- are a woman with primary financial responsibility for yourself and your dependents
- are attending an undergraduate degree program or a vocational skills training program

Scan the QR code to apply or contact:

have financial need



Name:	Gretchen Shierlock		Email:	gshierlock@icloud.com
Phone:	919-601-8421	Online:	http://bi	it.ly/LYDA-apply



live

## "Trauma & Crisis to Hope & Resilience"

What: Did you miss the first session? Grief, anger, fear, and apathy are still just a few of the emotions people are navigating. This class will explore these emotions and talk about crisis care. Each session is independent. The class is offered for free.

Who: The class is open to anyone and everyone.

When: Mondays 6:30-8:00pm beginning October 17th

Where: Gruver Rm, Trinity Lutheran Church

Instructor/leader: Pastor Nathan Keith

## Schedule:

Oct 17	Crisis Care: Introduction
Oct 24	The Art of Listening
Nov 14	Sexual Assault and Domestic Violence
Nov 28	Nonverbal Listening & Stress
Dec 5	Suicide and QPR
Dec 12	Compassion Fatigue

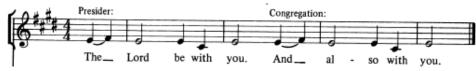
### Notes from the Introductory Session:

Center yourself with, "The Lord himself goes before you and will be with you...do not be afraid" (Deuteronomy 31:8). This combined with the idea of "ministry of presence" is powerful: just show up and be Available, Affirming, and Authentic. Nothing a carer can say will undo the trauma of the crisis, but silence can allow for processing by all participants.

Digging deeper: Work to know you own story and emotional realities to be a "less anxious" carer, a wounded healer and not a walking wounded. Sometimes it helps to follow Critical Incident Stress Debriefing and ask: What did you do? What thoughts were going through your head? How did you react, physically, emotionally, spiritually?--these reactions are normal reactions to an abnormal situation, stress!



## PRAYER OF THE DAY



Let us pray together.

Holy God, our righteous judge, daily your mercy surprises us with everlasting forgiveness. Strengthen our hope in you, and grant that all the peoples of the earth may find their glory in you, through Jesus Christ, our Savior and Lord. Amen.

## **READING: Psalm 84:1-7**

<sup>1</sup>How dear to me is your dwelling,

O LORD of hosts!

- <sup>2</sup>My soul has a desire and longing for the courts of the LORD; my heart and my flesh rejoice in the living God.
- <sup>3</sup>Even the sparrow has found a home, and the swallow a nest where she may lay her young,
  - by the side of your altars, O LORD of hosts, my king and my God.
- <sup>4</sup>Happy are they who dwell in your house!

## They will always be praising you.

<sup>5</sup>Happy are the people whose strength is in you, whose hearts are set on the pilgrims' way.

- <sup>6</sup>Those who go through the balsam valley will find it a place of springs,
- for the early rains have covered it with pools of water.

<sup>7</sup>They will climb from height to height,

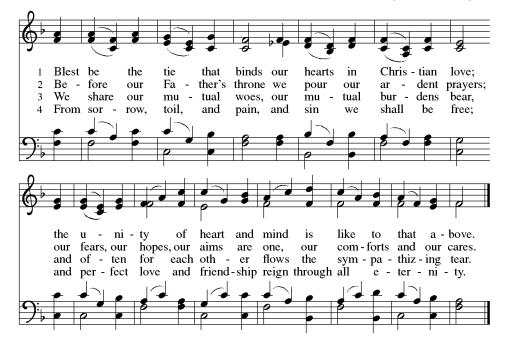
and the God of gods will be seen in Zion.

## **Trinity Happenings:**

- Sun, Oct 23: 9:00am Me2We Worship \*What am I designed to do for church? \*What can the church together achieve? 10:15am Fellowship in Gruver Rm Mon. Oct 24: 6:30pm Trauma & Resilience in Gruver Rm Wed, Oct 26: 10:00am Women's Bible Study in Gruver Rm **MUGG** Campus Meeting Thu, Oct 27: 11:30am @Rendezvous Cafe Sun, Oct 30: 9:00am Worship: Give out! \*Blessing of the Bags
  - 10:15am Fellowship in Gruver Rm



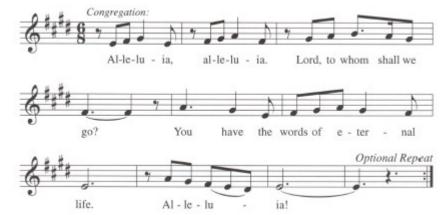
SENDING HYMN: Blest Be the Tie that Binds (ELW 656)



## DISMISSAL

Go in peace. Serve the Lord. **Thanks be to God!** 

## **GOSPEL VERSE**



## **GOSPEL: JOHN 14:1-4**

The Holy Gospel according to St. John, the fourteenth chapter.

1 "Do not let your hearts be troubled. Believe in God; believe also in me. 2 In my Father's house there are many dwelling places. If it were not so, would I have told you that I go to prepare a place for you? 3 And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. 4 And you know the way to the place where I am going."

The Gospel of the Lord **Thanks be to God.** 

## SERMON

## **Serving in Worship**

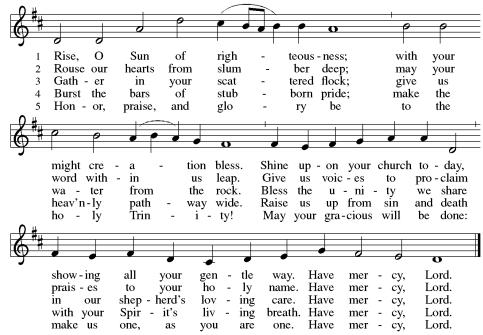
#### <u> TODAY — Oct 23, 2022</u>

Altar: Klaus & Jan Hanson Reader: Carol Frost Communion Assistant: Adam Huck Fellowship: OPEN

#### <u>NEXT SUNDAY — Oct 30, 2022</u>

Altar: Klaus & Jan Hanson Reader: Martha Leonard Communion Assistant: OPEN Fellowship: OPEN

## HYMN OF THE DAY: *Rise, O Sun of Righteousness* (ELW 657)



## **APOSTLE'S CREED**

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.\* On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## DISTRIBUTION

## POST COMMUNION BLESSING

May the grace of our Lord Jesus Christ and the gifts of his body and blood strengthen, keep and unite us, now and for ever. **Amen.** 

## PRAYER AFTER COMMUNION

Let us pray together.

Gracious God,

in your great love you richly provide for our needs. Make of these gifts a banquet of blessing, and make us ready to share with all in need; through Jesus Christ, who sets a table for all. Amen.

## BLESSING

May God bless you and keep you

May God's face shine on you and be gracious to you

May God look on you with favor and  $\pm$  give you peace. Amen.

## LAMB OF GOD



\*At the repeat, one or more of these verses may be sung, or one of the seasonal verses which follow.

*Pentecost:* You are the bread of life for us all:

## COMMUNION

White grape juice and gluten-free wafers are available.
When giving the bread and cup, the communion ministers say The body of Christ, given for you.
The blood of Christ, shed for you.
and each person may respond Amen.

## PRAYERS OF INTERCESSION

Let us pray for the people of God in Christ Jesus, for the whole human family, and for all creation.

*As the lector closes each petition:* 

Lord, in your mercy, The people respond: hear our prayer.

Gather all of our prayers in your wide embrace, most gracious God, through your Son, Jesus Christ. **Amen.** 

## PEACE

The peace of the Lord be with you always.

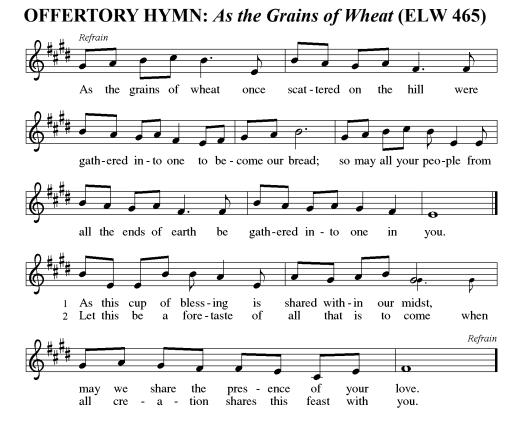
#### And also with you.

The people may greet one another with a sign of Christ's peace, and may say, "Peace be with you," or similar words.

## ANNOUNCEMENTS

## **OFFERING**

Please place offering in one of the Bulletin Stand offering plates at the end of worship as you leave the church.



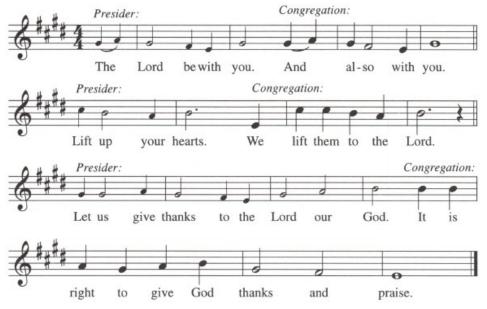
## **OFFERING PRAYER**

Let us pray together.

Merciful God,

Everything in heaven and earth belongs to you. We joyfully release what you have entrusted o us. Mat these gifts be signs of our whole lives returned to you, dedicated to the healing and unity of all creation, through Jesus Christ. Amen.

## THE GREAT THANKSGIVING



## **EUCHARISTIC PRAYER**

### LORD'S PRAYER

Make us bold, O merciful God, to address you as our Abba as we pray:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.